



## THE TEN GRAVE PRECEPTS

With Commentaries by Bodhidharma, Dogen Zenji, Zen Peacemakers

### 1. Not Killing.

Bodhidharma: Self-nature is subtle and mysterious. In the realm of the everlasting Dharma, not giving rise to the ideal of killing is called the Precept of Not Killing.

Dogen Zenji: The Buddha seed grows in accordance with not taking life. Transmit the life of Buddha's wisdom and do not kill.

Zen Peacemakers: Recognizing that I am not separate from all that is. This is the precept of Non-Killing.

### 2. Not Stealing.

Bodhidharma: Self-nature is subtle and mysterious. In the realm of the unattainable Dharma, not having thoughts of gaining is called the Precept of Not Stealing.

Dogen Zenji: The self and things of the world are just as they are. The gate of emancipation is open.

Zen Peacemakers: Being satisfied with what I have. This is the precept of Non-Stealing.

### 3. Not Misusing Sex.

Bodhidharma: Self-nature is subtle and mysterious. In the realm of the unadorned Dharma, not creating a veneer of attachment is called the Precept of Not Misusing Sex.

Dogen Zenji: The Three Wheels are pure and clear. When you have nothing to desire, you follow the way of all Buddhas.

Zen Peacemakers: Encountering all creations with respect and dignity. This is the precept of Chaste Conduct.

### 4. Not Lying.

Bodhidharma: Self-nature is subtle and mysterious. In the realm of the inexplicable Dharma, not preaching a single word is called the Precept of Not Lying.

Dogen Zenji: The Dharma Wheel turns from the beginning. There is neither surplus nor lack. The whole universe is moistened with nectar, and the truth is ready to harvest.

Zen Peacemakers: Listening and speaking from the heart. This is the precept of Non-Lying.

5. Not Giving or Taking Drugs.

Bodhidharma: Self-nature is subtle and mysterious. In the realm of the intrinsically pure Dharma, not giving rise to delusions is called the Precept of Not Giving or Taking Drugs.

Dogen Zenji: Drugs are not brought in yet. Don't let them invade. That is the great light.

Zen Peacemakers: Cultivating a mind that sees clearly. This is the precept of Not Being Ignorant.

6. Not Discussing Faults of Others.

Bodhidharma: Self-nature is subtle and mysterious. In the realm of the flawless Dharma, nor expounding upon error is called the Precept of Not Speaking of Faults of Others.

Dogen Zenji: In the Buddha Dharma, there is one path, one Dharma, one realization, one practice. Don't permit faultfinding. Don't permit haphazard talk.

Zen Peacemakers: Unconditionally accepting what each moment has to offer. This is the precept of Not Talking About Others Errors And Faults.

7. Not Praising Yourself While Abusing Others. Bodhidharma: Self-nature is subtle and mysterious. In the realm of the equitable Dharma, not dwelling upon I against you is called the Precept of Not Praising Yourself while Abusing Others.

Dogen Zenji: Buddhas and Ancestral Teachers realize the empty sky and the great earth. When they manifest the noble body, there is neither inside nor outside in emptiness. When they manifest the Dharma body, there is not even a bit of earth on the ground.

Zen Peacemakers: Speaking what I perceive to be the truth without guilt or blame. This is the precept of Not Elevating Oneself And Blaming Others.

8. Not Sparing the Dharma Assets.

Bodhidharma. Self-nature is subtle and mysterious. In the genuine, all- pervading Dharma, not being stingy about a single thing is called the Precept of Not Sparing the Dharma Assets.

Dogen Zenji: One phrase, one verse--that is the ten thousand things and one hundred grasses; one dharma, one realization--that is all Buddhas and Ancestral Teachers. Therefore, from the beginning, there has been no stinginess at all

Zen Peacemakers: Using all of the ingredients of my life. This is the precept of Not Being Stingy.

9. Not Indulging in Anger.

Bodhidharma: Self-nature is subtle and mysterious. In the realm of the selfless Dharma,

not contriving reality for the self is called the Precept of Not Indulging in Anger.

Dogen Zenji: Not advancing, not retreating, not real, not empty. There is an ocean of bright clouds. There is an ocean of solemn clouds.

Zen Peacemakers: Transforming suffering into wisdom. This is the precept of Not Being Angry.

10. Not Defaming the Three Treasures.

Bodhidharma: Self-nature is subtle and mysterious. In the realm of the One, nor holding nihilistic concepts of ordinary beings and sages is called the Precept of Not Defaming the Three Treasures.

Dogen Zenji: The teisho of the actual body is the harbor and the weir. This is the most important thing in the world. Its virtue finds its home in the ocean of essential nature. It is beyond explanation. We just accept it with respect and gratitude.

Zen Peacemakers: Honoring my life as an instrument of peacemaking. This is the precept of Not Thinking Ill of the Three Treasures.